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NEWS  
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## ARTPOP GOES 'THE PAIN OF FAME'

LADY GAGA TALKS THE SPLIT WITH HER MANAGER, HER UNDER-SELLING ALBUM AND HOW POP'S GOTTEN 'TRASHY' **PAGE 10**

## UN meeting to focus on ISIS

General Assembly will work to reach consensus on how best to deal with extremist group **PAGE 6**

## Season start no homecoming for the Herd

Moose lose first two games at Scotiabank Centre **PAGE 16**

## City street switches things up

A woman roller-skates down Agricola Street on Sunday afternoon during the Switch event. No cars were allowed on Agricola between Cunard and Young streets for much of the afternoon. **HALEY RYAN/METRO**

## 'Happy, busy, alive.' Close to 2,000 people descend on car-free Agricola Street

**HALEY RYAN**  
haley.ryan@metronews.ca

Most of Agricola Street was closed to car traffic Sunday afternoon as nearly 2,000 people came out to enjoy the sunshine during the last Switch event of the year, but Callum Auchnie has a plan for improvement.

The eight-year-old skateboarder while his other siblings used scooters, and his mother Patricia Auchnie rode on a colourful plasma car nearby.

"It's just like a big, skinny skatepark," Callum said as people walked, biked and uncycled by.

"If they shut it down forever that would be even better, though."

Patricia Auchnie and Linda Thieu rode the plasma cars, which move or reverse by turning the steering wheel.

Auchnie said they had never been to a Switch event before but drove in from Lawrencetown for the day, and enjoyed "squeezing the last bit of summer" out of the warm day featuring sidewalk sales, live music, food trucks, facepainting, and b-boy performances.

"It gives a really cool vibe. It's really happy, busy, alive," Thieu said.

Ross Soward of the Planning and Design Centre, and also the Switch organizer, said Sunday was the "biggest and (most) successful" event yet.

Soward said the amount of support for Switch's Halifax and Dartmouth events helps build the case for making the car-free event an official civic event with funding and support from HRM held multiple times a year.

"This is sort of the dir-

## Quoted

**"It's such a sense of community."**

Patricia Auchnie on Sunday's Switch event

**Members of Samba Nova, a community percussion group, perform at Switch Halifax Sunday.**  
**HALEY RYAN/METRO**

ection the city's moving. People want to be out in the city enjoying public space, having activities outside, being active," Soward said.

Right now there are no plans to expand outside of Halifax and Dartmouth to Bedford or Sackville, but Soward said a group of volunteers could always step up and help organize an event.

"We need that base of support," Soward said. "There needs to be a bit of a signal to us that the community is ready for that out there and we can try to explore."

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## FIVE THINGS YOU NEED TO KNOW TODAY

1

### PAY ATTENTION TO PEDESTRIANS

Three pedestrians were hit by vehicles in Halifax on Friday in a span of just 40 minutes. That included one woman pushing her baby daughter in a stroller.

2

### MORE WAYS TO REACH THE BEACH

Martinique Beach has gotten more accessible, with wheelchair enhancements that include widening the boardwalk from the parking lot to the beach edge and a new, larger, stone path.

3

### BACK TO SCHOOL

It's back to the books — finally — for half a million students in British Columbia, after a bitter teachers' strike that claimed the first three weeks of the new school year.

4

### CIVIL-RIGHTS ISSUE

Civil-rights activists say Citizenship and Immigration Canada isn't doing enough to prevent potential abuse of its plan to revoke passports of those suspected of joining terror groups.

5

### WON'T YOU BE MY NEIGHBORS

The DVD/Blu-ray release of *Neighbors*, starring Seth Rogen and Zac Efron, is out Tuesday. If you missed it in theatres, be sure to pick it up tomorrow.

# Restaurant association has concerns about patio bylaw

## Sidewalk Café proposal.

Industry group worried about changes, including an increase in insurance liability insurance



RUTH DAVENPORT  
ruth.davenport@metronews.ca

The head of the restaurant industry association in Nova Scotia says a new bylaw governing Halifax's sidewalk patios provides much-needed consistency to the regulations — but could add some substantial costs to bar and restaurant owners.

The proposed Sidewalk Café bylaw, which regional councillors will debate Tuesday, replaces a 17-year-old policy that — in combination with three existing bylaws — regulates various aspects of the seasonal sidewalk patios.

The head of the Restaurant Association of Nova Scotia said it will be beneficial to have one set of rules governing everything from construction to operation.

But Gord Stewart — who



Customers enjoy a warm day on one of several outdoor patios on Argyle Street last month. KRISTEN LIPSCOMBE/FOR METRO

said he hadn't seen a final version of the new bylaw — said he's concerned about a few changes, chiefly a requirement to increase liability insurance

from \$2 million to \$5 million if alcohol is served.

"They're arbitrarily picking that figure, and it forces everybody to pay more insurance on

## Flat fee

# \$800

The new season flat fee for a patio licence, replacing a per-square-footage fee that ranged from \$210 to \$4,375 in 2012-13.

the outside than they're paying for the inside, which doesn't make any sense," Stewart said on Sunday, adding an operator would need \$20,000 in sales to cover the difference.

The bylaw includes a provision for year-round patio licences, but Stewart said not many downtown restaurants will qualify because the patio has to leave a minimum of 2.1 metres — or seven feet — of unencumbered sidewalk width.

"That would be (a fit for) some of the places on the waterfront or Granville Mall area; those are the only places that could get a permanent patio," he said.

Stewart said his group will be in touch with councillors over any major concerns that emerge once the details of the bylaw are revealed during first reading on Tuesday.

## Trash talk. Council to hold hearing on waste

Council will be giving first reading to a bylaw Tuesday that makes changes to HRM's solid waste regulations.

The changes will require that boxboard moves from green bins to paper recycling, and paper bags must be used for leaf and yard waste instead of plastic.

Council will also direct staff to schedule a public hearing on a proposal to reduce the number of garbage bags allowed for curbside pickup and to use clear bags rather than black or green.

Based on results in other jurisdictions, a staff report suggests clear bags could reduce waste going to the landfill in Halifax by 16 to 24 per cent annually.

The report also recommends allowing one standard-sized solid coloured garbage bag for privacy, rather than "nesting" opaque bags in clear bags.

The report also addresses the proposal to reduce the bag limit from six to four per household, noting that 80 per cent of HRM residents already use four or fewer bags.

# 1 NEWS



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# Take your stress down a keg

**Oktoberfest.** Culture and charity take stage alongside all the beer

**BRAEDON CLARK**

halifax@metronews.ca

It's never too early for beer.

Organizers of Halifax's Oktoberfest put that theory to the test on Saturday by tapping three casks at noon, the kickoff to a day full of celebration.

"There's certainly a lot of fun to be had," said organizer Ron Kronstein, president of the German Canadian Association of Nova Scotia.

Held outside the Garrison Brewery along the Halifax Seaport on a sunny but cool day, Oktoberfest had its share of attractions, including the sizzle of delicious sausages.

Entry was on a donation basis, with funds supporting the Military Family Resource Centre (MFRC).

## Conditions

Oktoberfest has been held in Halifax since 2009, but this was the first outdoor event.

- With the Seaport Farmers' Market nearby and the Queen Mary 2 cruise ship in port, there were thousands of people within walking distance.

"MFRC helps families adjust to military life," said Capt. Angus Topshee, base commander at Canadian Forces Base Halifax. "That could mean something as simple as giving a spouse time to go to the gym when the other spouse is deployed."

Kronstein hoped Oktoberfest would help people appreciate German culture.

"This is an opportunity for us to ... let people know about the contributions German-speaking peoples have made to Nova Scotia," he said.



Mayor Mike Savage enjoys the fruits of his labour, after tapping a cask at Oktoberfest on Saturday. BRAEDON CLARK/FOR METRO

## Cop struck at traffic stop: RCMP

RCMP in Nova Scotia have charged a 19-year-old man who allegedly ran his pickup truck into a cop after he was pulled over.

Police say the officer pulled over a black Dodge Dakota on Highway 232 — better known as Wentworth Road — in Windsor just after 6 p.m. on Saturday.

The exact details of what

happened aren't clear, but RCMP say the driver of the truck backed up, striking the officer, and then he fled the scene.

Police say they arrested the driver about an hour later, after a short pursuit.

RCMP say the young man was taken into custody after he crashed his truck into a ditch on Highway 354 near

## Charges

Cody Andrew Prudhomme of Falmouth is facing five charges, including assault with a weapon and failing to stop for police.

Upper Rawdon.

"We need to determine

the sequence of events, the facts, about exactly what the man was doing that started with him striking an RCMP officer and ended with this crash," said RCMP spokesman Cpl. Scott MacRae.

The officer suffered non-life-threatening injuries to his lower body.

**METRO, WITH FILES FROM THE HANTS JOURNAL**

## Firearms stolen. Senior injured in home invasion

Police say an elderly man was taken to hospital following a violent home invasion early Sunday morning.

Two people broke into a home in the 0-to-100 block of Bonita Drive in Dartmouth just after 2:30 a.m., Halifax Regional Police say.

A 75-year-old male resident was woken by the commotion, confronted one of

the perpetrators and was hit over the head, police say.

The man's wife was also in the house but wasn't injured.

Several firearms were stolen, and police say the victim suffered injuries to his head and face.

The perpetrators fled on foot. Police have few details about the men, but they were both wearing hoodies. **METRO**

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## Scotiabank News? Not yet

### Say goodbye to Metro Centre and hello to Scotiabank Centre

The new name for Halifax's premier sports facility was officially unveiled during a ribbon-cutting on a chilly Friday morning in advance of the Mooseheads' home opener later that night.

The 10-year agreement will see Scotiabank pay approximately \$5.3 million for the right to have its name splashed across the building, among other benefits.

The money will be used for several planned improvements over the next three years, chief among them a replace-



The Scotiabank Centre  
JEFF HARPER/METRO

ment of the facility's aging orange seats that have left more than a few rear ends sore.

The first phase of improvements will begin shortly, with the second phase scheduled to begin in the summer of 2016.

"We're going to invest this money to make this a better place," said Halifax Mayor Mike Savage.

**BRAEDON CLARK/FOR METRO**

## No suspects

### Gunshots rattle neighbourhood in Dartmouth

Halifax Regional Police are investigating a report of shots being fired early Saturday morning in Dartmouth.

Just after midnight, police responded to the 0-100 block of Albion Lake Road in Dartmouth.

Officers found a bullet hole in a wall on the second floor of a building. The rear window of a vehicle in the parking lot had also been shot out.

Patrol officers and the K9 unit searched the area but found no suspects. Police are still investigating and are asking the public for information. **METRO**



# Massive march ahead of summit

**People's Climate March.** Activists gather in NYC to draw attention to global warming

Tens of thousands of activists walked through Manhattan on Sunday, warning that climate change is destroying the Earth — in stride with demonstrators around the world who urged policy-makers to take quick action.

Starting along Central Park West, most came on foot, others with bicycles and walkers, and some even in wheelchairs. Many wore costumes and marched to drumbeats.

But their message was not entertaining:

"We're going to lose our planet in the next generation if things continue this way," said Bert Garskof, 81, as a family member pushed his wheelchair through Times Square.

He had first heard about global warming in 1967, "when no one was paying much attention," said Garskof, a native New Yorker and professor of

psychology at Connecticut's Quinnipiac University.

Organizers said more than 100,000 marched in New York, including actors Mark Ruffalo and Evangeline Lilly. They were joined in midtown Manhattan by United Nations Secretary-General Ban Ki-moon, former vice-president Al Gore and New York City Mayor Bill de Blasio.

On Tuesday, more than 120 world leaders will convene for the United Nations Climate Summit, aimed at galvanizing political will for a new global climate treaty by the end of 2015.

"My sense is the energy you see on the streets, the numbers that have amassed here and in other cities around the world, show that something bigger is going on, and this UN summit will be one of the ones where we look back and say it was a difference maker," de Blasio said.

The New York march was one of a series of events held around the world to raise awareness about climate change.

THE ASSOCIATED PRESS



**Demonstrators make their way down Sixth Avenue in New York during the People's Climate March on Sunday. Scan the photo with your Metro News app to see a gallery of images from the rally.** JASON DECROW/THE ASSOCIATED PRESS

## Reports

### Pollution rising

Scientists estimate that the world spewed far more carbon pollution into the air last year than ever before.

That was mostly because

of increases from the three biggest polluters: China, the U.S. and India. The reports released Sunday by the International Global Carbon Project team come as world leaders meet at the UN to discuss reducing heat-trapping gases. THE ASSOCIATED PRESS

## Reporting on the march

### 'A profound experience'

**MILA PETKOVIC**  
mila.petkovic@metronews.ca

Blurry-eyed, perspiring slightly and tummy rumbling, I came to as we pulled into the Big Apple at 6 a.m. after a 10-hour-plus bus ride from Toronto.

I stumbled down the steps and into the sunlight in front of Sts. Luke & Matthew church in Brooklyn. This would be our home for the next couple of days.

I was there to cover the People's Climate March as part of a media team making a documentary about the events surrounding the UN Climate Summit, to take place Sept. 23.

My in: Toronto350.org (one of the organizers of the rally committed to curbing climate change). My

company: five busloads of concerned citizens totalling 280 individuals who would ultimately contribute to a march of more than 300,000 people (according to organizers) on the Sunday prior to the summit.

During the march, I interviewed people from all walks of life who came from far and wide to have their voices heard — a mom and her children from Philadelphia; two men from the Dominican Republic; indigenous women from Canada; NYPD cops; and a 93-year-old Second World War veteran from New York.

This was without a doubt the largest climate change march in U.S. history and the sheer volume of people overwhelmed me with emotion.

The kinship demonstrated amongst 300,000 everyday people and complete strangers created a profound experience that both transcended and powerfully addressed the issues we face.

# U.K. politicians bicker over Scottish powers

The debate over Scotland's future fizzled amid a bitter war of words Sunday, with the Scottish leader claiming his countrymen were tricked into rejecting independence in a referendum while Britain's three main political parties bickered over modes of political reform.

Alex Salmond, Scotland's outgoing independence leader, accused politicians in London of reneging on their promises to hand more power to Scotland in a rare cross-party pact he said swung votes in favour of union in Thursday's vote.

His comments came after U.K. Prime Minister David Cameron said plans to empower Scots should be linked to constitutional reform in England — which fractured the fragile political consensus and drew attacks from across the spectrum.

Just days earlier, Cameron and his political rivals had joined together and vowed to quickly pass laws to transfer key decision-making powers from London to Scotland's capital, Edinburgh. All three party leaders signed off on the pledge, which promised Scots powers to decide on their tax,



**Scottish First Minister Alex Salmond speaks during a press conference in Edinburgh, Scotland, Friday, Sept. 19, 2014 following the Yes movement's referendum defeat.** THE ASSOCIATED PRESS

## Disappointment

"It's the people who voted 'No' ... these are the people who are feeling most angry, most hurt, most disappointed in Scotland today."

budget and welfare policies.

Cameron said it won't be fair to devolve powers to Scotland without considering similar constitutional changes in the rest of the kingdom — England, Wales and Northern Ireland. Critics say these conditions dilute the three leaders'

joint pledge and will likely delay the downloading of the promised powers to Scotland.

"It's the people who voted 'No' ... these are the people who are feeling most angry, most hurt, most disappointed in Scotland today," Salmond told the BBC. THE ASSOCIATED PRESS



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# UN meeting to focus on threat of ISIS

## 'Horrendous violence.'

Secretary-General Ban Ki-moon says he hopes the General Assembly will lead to consensus in fight against ISIS



This image captured from a video posted on a militant website, which has been authenticated, purports to show the leader of ISIS, Abu Bakr al-Baghdadi, delivering a sermon in Iraq. THE ASSOCIATED PRESS

A brutal terrorist organization that calls itself a state but lacks recognition from any government will take centre stage when more than 140 heads of state and government convene for the annual ministerial meeting of the UN General Assembly this week.

The head of the so-called Islamic State of Iraq and al-Sham (ISIS), a man called Abu Bakr al-Baghdadi, has not been invited. But the danger posed by the extremists will be the overriding theme.

"Together, we will address the horrendous violence in Syria and Iraq, where conflict and governance failures have provided a breeding ground for extremist groups," UN Secretary-General Ban Ki-moon told a news conference last week.

With world leaders grappling to stitch together a coalition and plan of action, Ban said he hopes the General Assembly session will help produce an international consensus to act against the extremist group.

U.S. President Barack Obama will lead a summit meeting of the Security Council to focus on one aspect of the threat — foreign terrorist fighters. A draft resolution expected to be adopted by the council would require all countries to prevent the recruitment and transport of would-be foreign fighters preparing to join terrorist groups such as ISIS.

It would also require the 193 UN member states to ensure that their laws and regulations punish nationals who travel — or attempt to travel — to another country to plan or carry out terrorist acts, and it threatens sanctions against recruiters and financiers for al-Qaida-associated groups. THE ASSOCIATED PRESS



## Kenya commemorates one year since Westgate Mall attack

Gloria, 4, centre, whose father Christopher Chewa was killed in the Westgate Mall attack, wipes the tears from the eyes of her mother Faith Njoki as they hug, on Sunday. Her baby brother Edwin, 1, left, is held by a relative, after joining other families of the victims to lay flowers and remember at the Amani Garden memorial site in the Karura Forest in Nairobi. Kenya is marking one year since four gunmen stormed the upscale Westgate Mall in Nairobi, killing 67 people. A memorial plaque with the names of the victims was unveiled at the popular forest on the edge of the city. Families laid flowers for their lost loved ones, sharing memories and tears. BEN CURTIS/THE ASSOCIATED PRESS

### Combating Ebola

## Sierra Leone reaches last day of Ebola lockdown

Frustrated residents complained of food shortages in some neighbourhoods of Sierra Leone's capital on Sunday as the country reached the third and final day of a sweeping, unprecedented lockdown designed to com-

bat the deadly Ebola disease, volunteers said.

While most residents welcomed teams of health-care workers and volunteers bearing information about the disease, rumours persisted in pockets of the city that poisoned soap was being distributed, suggesting that public education campaigns had not been entirely successful. The disease has also touched Guinea, Liberia, Nigeria and Senegal. THE ASSOCIATED PRESS

### California drought

## Central Valley wells running dry

Hundreds of domestic wells in California's drought-parched Central Valley farming region have run dry, leaving many residents to rely on donated bottles of drinking water to get by.

Girl Scouts have set up collection points, while local charities are searching for

money to install tanks next to homes. Officials brought in water for families in greatest need and put a large tank in front of the local firehouse for residents to fill up with water for bathing and flushing toilets. About 290 families in East Porterville have said their shallow wells are depleted. Officials say the rest of Tulare County has many more empty wells, but nobody has a precise count. THE ASSOCIATED PRESS

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# Thousands march on Moscow to protest Ukrainian conflict

## 'No to war'

Demonstrators protest Russia's alleged complicity in the ongoing conflict that has killed 3,000

Thousands of people marched through central Moscow on Sunday to demonstrate against the fighting in Ukraine and Russia's alleged complicity in the conflict.

The demonstrators chanted slogans, including "No to war" and "The junta is in the Kremlin, not Kyiv." The latter refers to Russia's contention that the ousting of Ukraine's former Russia-friendly president was a coup.

The fighting between Ukrainian forces and pro-Russia separatists in eastern Ukraine that erupted after the ouster has killed more



A woman wearing a traditional Ukrainian flower headband poses for a photo in front of police officers during an anti-war rally in downtown Moscow, Sunday. Thousands marched through central Moscow to demonstrate against the fighting in Ukraine. DENIS TYRIN/THE ASSOCIATED PRESS

than 3,000 people. Ukraine and Western countries claim Russia is supplying troops and equipment to the rebels, which Moscow denies.

"Our country is acting as an aggressor, like Germany in

the war," said demonstrator Konstantin Alexeyev, 35.

The Ukraine conflict has boosted nationalist sentiment among Russians, with many regarding eastern Ukraine as rightfully a part of Russia.

and coverage of the crisis on state-controlled television channels has skewed strongly against the Ukrainian authorities.

"I am concerned about the rhetoric on our TV chan-

nels, which disseminate anti-Ukrainian sentiment," said 50-year-old demonstrator Ludmila Shteigervalt. "Ukraine is a friendly country. We should just leave it alone."

A ceasefire was called on

Sept. 5, but has been violated repeatedly. Negotiators from Ukraine, Russia, the rebels and the Organization for Security and Co-operation in Europe last week tried to further the peace process with an agreement calling for both sides to halt their advances and for pulling back heavy artillery in order to create a buffer zone.

Col. Andriy Lysenko, a spokesman for Ukraine's national security council, said the ceasefire violations are obstructing fulfilment of the buffer zone plan.

"The first point (the ceasefire) is not being fulfilled so far, so we're not talking about the other points," he said.

Along with pulling back the heavy weapons, the plan also calls for the withdrawal of foreign fighters and for all military flights over the combat area to be banned.

THE ASSOCIATED PRESS



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## G20 meeting. Canada's finance minister urges weaker economies to follow our lead

Different economic situations require different approaches to meeting the G20's economic targets, Canada's finance minister said Sunday as he urged Europeans to follow Canada's recession-busting model.

Though finance chiefs from the 20 largest economies said they will focus on infrastructure investment to help reach the goal of boosting world GDP by more than \$2 trillion over the next five years, that's not necessarily the direction Canada is headed, Joe Oliver said.

"The type of action that we can take is different than the type of action that some, but not all, European countries have to take," Oliver told reporters in a conference call from Sydney where he was leaving the G20 finance ministers' latest talks.

Oliver said the government's stimulus program from 2008 achieved its desired goals.

Now, Oliver said, econom-



Joe Oliver  
THE CANADIAN PRESS

ic growth in Canada will come from increased labour mobility, lower taxes, trade and he hinted that more will be revealed in the next federal budget.

By contrast, some European economies are still fighting an uphill battle, Oliver said.

"We need to provide flexibility for some countries to undertake the actions and some structural changes as well to get the growth going," he said.

"It should be done in the same way — a timely, targeted program which is temporary and where a credible plan to achieve a fiscal balance is set out and pursued when the need for a more stimulative program becomes less important."

THE CANADIAN PRESS

# Will Nordstrom strike gold here?



HOW TO ROLL  
Alison Griffiths  
metronews.ca

Nordstrom has arrived in the frozen north, its Chinook Centre location having opened in Calgary last Friday. Hurrah! Finally, another place besides Holt Renfrew to buy \$100 pantyhose and \$200 T-shirts. I've been waiting a long time for a little more choice in my luxury shopping.

But here's a big question for investors: Will Nordstrom do a giant face-plant as Target did when it brought the big red ball to Canada?

Shortly after arriving in these climes last year, Target's share price climbed rapidly from \$58 US to \$73 US, and then almost as quickly slid to \$55. The stock has pulled itself back to nearly \$64, though its relationship with Canadians is still on rocky ground. On average, analysts covering the company have a 12-month \$60 target on Target.

In contrast, Nordstrom has been one of the more successful retail stocks in the past

### Taking stock

Retail stocks in 2014 (to end of August):

- **The best:** Barnes & Noble Inc., +49%
- **The worst:** Aeropostale Inc., -61%

two years, during a period of incredible volatility in this already highly volatile consumer discretionary sector.

Since Target's Canadian launch, Nordstrom has marched upward from \$51.50 to nearly \$70. (Granted, there have been some big dips along the way, but it wouldn't be retail without the roller-coaster.) Analysts are predicting that the company, which offers you a place to drink Chardonnay with your Jimmy Choo shoes, will make it to \$74.

Target's Canadian swoon is attributed to a supply chain screwup, over-aggressive expansion and a total misread of the Canadian consumer.

In contrast, Nordstrom's success to date has been cred-



Nordstrom recently opened its first store in Canada. THE ASSOCIATED PRESS FILE

ited to strong and cautious management south of the border, which bodes well for the rollout of a mere handful of stores here (Ottawa and Vancouver are planned for 2015).

That's all true, but there's more.

Target in the U.S., especially for cross-border-shopping Canadians, was a destination. Shoppers loved the bright, friendly atmosphere and cheap clothes that were a tad sexier than the fare offered by

the likes of Walmart.

Now brutal competition from other discounters, plus the explosion in e-shopping, has weakened Target's uniqueness.

Nordstrom, on the other hand, still has "destination" written all over it. Shoppers are drawn to the experience. It's nice to be fawned over while you empty your wallet.

I might still buy those \$10 T-shirts at Target, but when it comes to stock, I'd incline to Nordstrom.

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# WHEN 'NO COMMENT' SPEAKS VOLUMES

"The Atlantic Institute for Market Studies in Halifax has not responded to questions."

That nugget was nested in the last line, last paragraph of a Globe and Mail story last week about the Harper government's efforts to "intimidate, muzzle and silence its critics."

Ottawa is spending \$13.4 million so its tax auditors can descend, lotus-like, on charitable groups not in lockstep with Stephen Harper's world view, searching for real or imagined evidence they're devoting more than 10 per cent of their resources to political advocacy.

The story itself was about an open letter more than 400 academics signed, protesting an audit of the Canadian Centre for Policy Alternatives, a left-leaning think-tank with a Nova Scotia office. (Full disclosure: I am a modest financial contributor.)

The CCPA is one of 52 charities — economic, environment-



**URBAN COMPASS**  
**Stephen Kimber**  
halifax@metronews.ca

al, poverty, human rights and international aid groups — under scrutiny. CCPA's sin? Allegedly including "biased" and "one-sided" information on its website, contrary to tax rules. The letter counters CCPA has an international reputation for "fair and unbiased" research, and concludes the government audit is "politically motivated."

Politically motivated? OK, so who isn't being audited? Well, the Globe confirmed some of the country's most prominent right-wing think-tanks — C.D. Howe, Macdonald-Laurier — are not among those being scrutinized. Two others refused to answer the question. AIMS, Atlantic Canada's own "registered charity," neo-con thought farm, "did not respond."

So I emailed Marco Navarro-Genie, AIMS' current president, to ask for its response. He replied he was "very surprised" because the writer hadn't contacted him for a comment. His actual comment: "We won't comment on this."

## "Politically motivated"

Some of the country's most prominent right-wing think-tanks — C.D. Howe, Macdonald-Laurier — are not among those being scrutinized.

Perhaps unfairly (correct me if I'm wrong, Marco) I'll take that as a "no." AIMS, which boasts a glowing endorsement from one Stephen Harper — "Dollar for dollar the best think-tank in the country" — and has yet to meet a government it did not want to privatize, downsize or outsource, is not being audited by Stephen's stormtroopers.

No comment? If AIMS cared about freedom to research and "make a difference with ideas," as its website claims, it would be standing tall in the marketplace of ideas with those who oppose this government's partisan attacks on those who simply disagree with it. Its silence speaks volumes.

## Super troopers



Revellers dressed as stormtroopers of the Galactic Empire pause during a Star Wars parade in Madrid, Spain, over the weekend. ANDRES KUDACKI/THE ASSOCIATED PRESS

### Thousands take part in Spanish Star Wars parade for charity

Thousands of revellers took part in a Star Wars parade for charity, over the weekend in Madrid.

Darth Vader, his guards and troops landed in Retiro Park to meet with all of the forces of

the empire.

Attendees were able to take photos with their favourite troops and engage in a friendly fight after the parade.

The event was part of a charity event for FEAPS Madrid, an organization that aims to promote the social inclusion of people with intellectual disabilities.

METRO

### Who were the stormtroopers?

Stormtroopers are the elite soldiers of the Galactic Empire.

- These faceless enforcers of the New Order were considered an extension of the Emperor's will, and often used brutal tactics as a way to keep thousands of

star systems throughout the galaxy in line.

- With few exceptions, they are distinguished from all other military units by their signature white armour.

STARWARS.WIKIA.COM

## MetroTube

### How rude!



**ANDREW FIFIELD**  
andrew.fifield@metronews.ca

Supremely gifted athletes such as Maria Sharapova earn praise for their otherworldly focus in the sort of high-pressure situations that would crush lesser mortals like us. But perhaps it's time we give a little of that same love to musicians. Flutist Yuki Ota has certainly earned it, after advancing to the second round of an international competition despite this rude interruption from the loveliest of insects — lovely and rude. (Odensesymfoni/YouTube)



THE CANADIAN PRESS FILE

## Twitter

@metropicks asked: A Canadian-led study into the "Jesus in Toast" phenomenon — why people see famous faces in objects — won a science prize for funny research. Which weird phenomenon would you like examined?

@Laurenkparsons: when you can't think of something and you walk through a doorway to remember.

@trifur: kinda looks like Bob Marley to me.

Join the conversation @metropicks

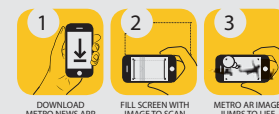


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# Lady Gaga talks recovery from the 'pain of fame,' split with manager

**Flying free.** Working on album with Tony Bennett helped singer get her groove back

After hip surgery and parting ways with her longtime manager, Lady Gaga says things are looking up.

"I'm very centred now. I meditate a lot. I'm happy. I am more sober than I've ever been," said the singer. "It's a very happy time in my life."

Last year, Gaga parted ways with longtime manager Troy Carter, who helped the pop star achieve multi-platinum status, dominate the pop charts and win multiple Grammy Awards. She said she was overworked and that greed led to their split.

"Part of what was making my sort of artistic experience so unpleasant was that I felt that I was not able to truly freely fly as an artist," she said. "In some ways my talents were not being used to their full potential."

Gaga says part of her happier state of mind comes from working with Tony Bennett on the album *Cheek to Cheek*, out on Tuesday.

The 28-year-old is currently on an international tour that wraps Nov. 24 in Paris. Calling from Istanbul, she spoke about being unhappy, letting go of her manager and her under-selling ARTPOP album.

**Did your disagreements with management affect the making of ARTPOP?**

It certainly affected my mind during ARTPOP. I would have to say that whole situation had less to do with creativity differ-



Scan this photo with your Metro app to see a video of Lady Gaga and Tony Bennett singing *I Can't Give You Anything But Love*.  
KARIM SAHIB/AFP/GETTY IMAGES

ences and more to do with me really needing some time for myself to be creative.

My schedule was way too difficult. I was not able to keep up and my whole business became very focused on making as much money as possible as quickly as possible, which is really not where my heart is.

My integrity as a musician is so much more important to me than money ... While I was making ARTPOP, I was very tired. I'm actually very proud of ARTPOP. As much as it's had a lot of criticism, I think a lot of that had to do with where I am in my career. I've been on top for a long time. I think it's the

nature of this industry; we love to build them up to tear them down.

**You sound like you're in a good place. Is that spilling over to the new music you're creating?**

It is in the very super-early stages. I'm always writing music. I was up all the other night here in Istanbul writing and they had a lovely piano in my room and I was so excited, especially when I get to play a real stringed piano, not an electronic one; that always makes me happy. I've been writing some (songs) that I'm really sort of surprised at myself.

I have a lot of pain built over the past few years. It was very difficult being on the road for the *Born This Way Ball* without having a full, proper team around me. I was going through a lot of pain with my body that led to the hip surgery. I call it the pain of fame: Your life changes a lot and the people that are around you, they change too.

Money makes people crazy and they see your life change and all of the luxuries and the things that come with becoming a star and they think, "I've known her my whole life ... or I've been here this whole time, I deserve all of that, too."

**U2 released its new album alongside Apple, and Jay Z and Beyoncé also released recent albums in unconventional ways. What do you think about that and do you think of innovative ways to release music when readying a project?**

I think honestly what we need to be doing, and this is my opinion, is instead of trying to

find ways to trick the world into focusing on the album for a brief moment, I think that artists need to speak more about how media treats the artists and making the distinction between the celebrity and the artist, because everything is all in one pool now isn't it? We're all the same and there are some pretty terrible celebrities out there, let's be honest, right? People famous for no reason.

So, I think the more the media can help us to support the artist and support music in a way that's maybe less critical for journalists that are not as knowledgeable about music and help to just spread the music and see the music as gift to the world.

I really believe that once the press becomes more kind, I think a lot of the things in the universe are going to change.

It makes me scared when I hear that there's pro-ISIS (Islamic State of Iraq and al-Sham) rallies in America because I think that social media has created this sort of negative undertone in the universe. People feel that they can say or do anything; it makes them feel a sort of comfort when really it's just giving hatred a petri dish to fester.

I know that was sort of a random answer for a question about album marketing. I really believe it lies in the hearts in the people that are writing about the music. The more we honour and support the artist, the more the art will live on forever. Otherwise, it's going to continue to be what I think pop music is now, which is sort of this giant tabloid. It's become quite trashy, in my opinion. **THE ASSOCIATED PRESS**

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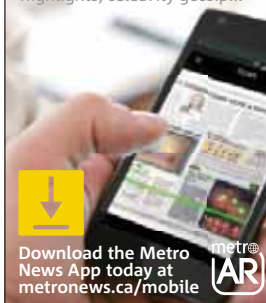
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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## Pop Goes the Week

### Matt Damon is ready to be Bourne again



**STARGAZING**  
Malene Arpe  
scene@metronews.ca

**This Week in Reboots:** 1) I Know What You Did Last Summer is getting a redo. 2) Matt Damon may finally reprise his Jason Bourne role. 3) Casting begins for the sort-of sequel to Richard Linklater's Dazed and Confused. 4) King Kong is getting yet another wake-up call for Skull Island. 5) Richard Lugner, an 81-year-old Austrian construction mogul, marries 24-year-old Playboy model Cathy Schmitz. After berating a wheel-



chair user for not standing up at his concert, Kanye West says the media should stop "demonizing" him as he's a "married, Christian

man with a family." He went on to explain that, as an avid fan of the Ming Dynasty, he's upset over the price of vegetables and will start sleeping in on the weekend.

**This Week in Pop Tarts:** 1) Selena Gomez got bangs. 2) Demi Lovato says a fan farted on her. 2) Ariana Grande reportedly said she wishes her fans would just die.

Martha Stewart says of Gwyneth Paltrow and GOOP, "She just needs to be quiet. She's a movie star. If she were confident in her acting, she wouldn't be trying to be Martha Stewart." Martha Stewart has now officially reached the age known as "Watch me expertly fold this linen napkin into a flock of swans while not giving one silent, ladylike burb what you think."



Ben Affleck ALL PHOTOS GETTY IMAGES

### Ben's a gambling man who likes to count cards

That story about Ben Affleck getting kicked out of a Las Vegas casino for counting cards at blackjack? "That is a true story," he confirms to Details magazine. "I knew with blackjack that there's a way you can improve your odds, and so I started trying to learn. And then I just got to a point in my life where I'm like, 'If I'm going to do something, I'm going to try and do it really

well.' It was sort of presented like I did something illegal. You know what I mean?" We do, Ben. We do. The new Bruce Wayne thinks the whole system is messed up, man. "Once I became decent, the casinos asked me not to play blackjack. I mean, the fact that being good at the game is against the rules at the casinos should tell you something about casinos," he says.

### No more scooting the kids to school, Paltrow

Sorry, kids. No more Roman Holiday-themed trips to school for you. Gwyneth Paltrow has reportedly been told by school officials that she can no longer drop off and pick up kids Apple, 10, and Moses, 8, on her Vespa scooter, according to Page Six. "The scooters had been convenient for zipping around Los Angeles traffic, and dropping the kids off at school without having to wait with other parents and kids in the carpool line," a source says. "After Gwyneth was photographed on the Vespa pulling out in front of a bus (last year), school chiefs reprimanded her and said they'd rather she and Chris (Martin) didn't bring the kids to school on scooters." A rep for Paltrow says the story is made up and it's just a coincidence that Paltrow's kids now take the bus to school.



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# Raising kids is expensive, so set their priorities early

**Baby steps.** A child-specific budget will help control and balance their costs with family's needs



**GAIL VAZ-OXLAIDE**  
Gail blogs daily at  
gailvazoxlaide.com

Kids are expensive. Never mind what some people are prepared to spend to get them here — getting them “independent” can cost a small fortune.

You may need a bigger car. You may need a bigger home. And then there are all the costs of keeping your mini-me fed and clothed, dental bills, school supplies, hockey, ballet, soccer, karate — the list can seem endless.

The first year of a child's life is often pretty expensive. Not surprising, when you think of all the gear we have to get to bring baby home. And the cost of diapers!

It also comes as no surprise that costs go up when kids hit their teenage years.

So how do you get your kids to self-sufficiency without going broke? You make a budget.

Although many of the hard costs (food, the roof over their heads, transportation) fall naturally into your budget,



Parents sacrifice a lot for their children, but making the right choices early can help keep everyone happy. ISTOCK

there are costs that are uniquely associated with the kids. One kid is happy to live in jeans and T-shirts, while another won't wear anything but American Eagle. If Junior is a sports maniac, there are league fees, equipment costs and transportation costs. Never mind all the eating out on the road.

The trick to not letting kids' expenses get way out of hand is to allocate a specific amount to each child's activities and needs, and stick with the plan.

Start by listing all the

things your children do. Their needs won't be the same, and spending equally on them won't be more fair. Giving them what they need, when they need it, is the goal. Over time, as their needs shift, so should the way you allocate the money. And, over time, it should all come out even.

Some parents struggle with meeting their kids' needs while staying afloat financially. If you're a single parent or your family is living on one income, make sure you're claiming the eligible dependent amount on your tax return.

There are lots of other expenses that may be claimed on your tax return to mitigate your costs. Paying for a babysitter? Sending your kid to camp? Claim child-care expenses on the lower net income to get the biggest benefit. Get and keep your receipts to make your claim stick if it's challenged.

And don't forget about the child fitness amount of up to \$500 per year per child 16 and under, for everything from soccer to gymnastics.

Your kids' budget should include a regular amount set

aside for educational savings. If you start early, you don't have to set aside a lot, and each dollar you put into an RESP can help your child earn up to \$500 a year in free grant money.

When shopping for an RESP, make sure you stick with an individual or family plan offered by most financial institutions. Steer clear of the group plans or “scholarship trusts,” which have come under fire for being both expensive and inflexible.

Kids cost money, no question. We sacrificed fancy furniture and vacations in the early years. And my entertainment was sitting and watching my kids as they learned about the world. Those were some of my happiest years. We had a ball.

I shopped garage sales and second-hand stores, shared what I had with friends, and chose one activity at a time for my kids so they weren't overwhelmed and I didn't go broke.

It's all about the choices we make and about figuring out what's most important so we can prioritize those choices.

Kids don't arrive in designer labels, and they don't much care about stuff until someone teaches them to be concerned about what other people think.

Dodge that bullet and you can save yourself a fortune.

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## Partying too much? Your phone knows

**Mental health app.** StudentLife app tracks behaviour patterns such as sleeping, eating and socializing

The first smartphone app that automatically provides indicators of mental health status has been created by researchers at Dartmouth University in New Hampshire.

The first version is oriented towards students, but is applicable to all populations, with an eye to reducing stress and increasing productivity and quality of life.

The StudentLife app tracks

mental health status via smartphone sensors. For the first test, a group of 48 students used the app to monitor their phone sensors, such as accelerometer, microphone, light sensor and GPS. The readings were used to interpret students' mental health based on factors such as stress, time spent socializing and physical activity.

The app was able to measure many behaviours automatically, including conversations in number and duration, sleep duration, walking, sitting, running, standing and the location on campus, discerning automatically between the gym, the cafeteria, parties and class. It could even detect eating habits.

The researchers compared

the results to traditional mental health evaluations of the test group and concluded the app's assessments were accurate.

The prototype version provided neither feedback nor interventions, but the idea is for individuals to be able to track their mental health and manage their stress before it wears on them enough to require doctors' visits.

“We purposely provided students with no feedback in this first study because we didn't want to use StudentLife as a behavioral change tool,” says computer science Prof. Andrew Campbell, the study's senior author. “Providing feedback and intervention is the next step.” **AFP**



A smartphone app is being developed to automatically track your behaviour and alert you if it senses undue stress or threats to your mental health. AFP



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# When tweets are more tasteless than teehee

Dear Metro,

I noticed one of my young co-workers posting rude comments on Twitter. The things he's saying are not only inappropriate — they reflect badly on our company. He deserves to be reprimanded for this behaviour, but I don't necessarily want to get him in too much trouble so early in his career. What should I do?

— Don't Wanna Rat



**OFFICE SPACE**  
Eleni Deacon  
life@metronews.ca

Dear DWR,

When it comes to tweeting your mind, there can be a fine line between self-expression and self-sabotage. Lots of RTs might make you feel invincible, but you're certainly not: more and more, social media fumbles lead to hard dismissals. Just last month in Ottawa, Opera



We've all got a peeve or two we dream of making public, but your boss may not find a broadcasted bash session as funny as this guy. iStock

Lyra singer Valerian Ruminiski made the news after a Facebook post mocking a man's bejewelled Pride Week manicure got him booted from the company.

With that in mind, it seems this kid needs a lesson in consequences. If

you feel your colleague has promise — maybe his comments fall more into the “provocatively dirty” camp than the “outwardly prejudicial” camp — you could take him aside for a discreet but on-the-level chat. Tell him you came across

his feed, and wanted to let him know that he could be plunging himself into a big, job-threatening mess.

If your workplace has an on-paper social media policy, remind him of the guidelines — and of the should-be-obvious fact that

the digital sphere is by no means a private one. He should probably delete the problem tweets and definitely bolster his security settings. Or better yet, not broadcast damaging things to begin with.

But on that note, it's

worth questioning whether this person deserves to be reprimanded.

There is zero defence for tweeting sexist, racist or homophobic comments of any sort.

And with a worker's out-of-office behaviour increasingly regarded as a reflection of their company's brand, employees should assume that bigoted online speech is a fireable offence. (In addition to being an offence, full stop.)

But the slope can be slippery, particularly if an employer seeks to limit their staff's freedom to express political or religious viewpoints — or just to show their after-5 p.m. personalities, vulgar as they may be.

It's difficult to judge without knowing the content of your co-worker's remarks, but within limits, we should have the right to be rude.

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## Lessons from the desert

### For the best ending, journal your own story

**The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson learned from my experience running deserts.**



**LESSONS FROM THE DESERT**  
Stéfan Danis  
life@metronews.ca

Writing an account of a challenging journey at day's end can completely change the journey itself.

Taking on a complex rehabilitation, a job search, an ultra-marathon in the desert or a project that will require tenacity and effort, sets us out on a road filled with potential setbacks and obstacles to overcome. The

## Written resolve

Since it is easy to let ourselves off the hook when struggling to keep our commitments, forcing ourselves to write about them significantly increases our sense of accountability.

question is: How do we want the project to go?

Given the choice, most of us would say, “I want it to go well.”

While writing a vision for a project flows naturally into a plan with strategies and tactics, writing afterwards involves documenting our own project's story daily, as we experience it. The act of writing calls on us to behave in a way that will produce the desired outcome.

While training for the Gobi desert ultra-marathon, knowing I would be writing a few sentences at the end of each day forced me to consciously think about how my training would go. Would I want my journal entry to read: “I intended to run, but stayed in bed too tired to move,” or, “Exhausted, I forced myself up to keep my word, got soaked by the rain, and saw beautiful mist on Lake Ontario.” Most would choose the latter.

While we all face challen-

ges to keep commitments, deep down most of us want to keep our promises, be them to others or to ourselves. This is a main benefit of joining a running group for example — they make us feel accountable to our group. Since it is easy to let ourselves off the hook when struggling to keep our commitments, forcing ourselves to write about them significantly increases our sense of accountability. Not only can this help us correct course daily, it can also activate us to consciously scan for insights in order to quicken the journey. More importantly, it can unlock our “inner warrior” to go far beyond what we first thought was impossible.

Chronicling the project can then cascade into being the proactive author of our own life's story.

**STÉFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER.**



# Balance spice and sweetness

**Arugula Lentil Sweet Potato Salad.** This dish is full of antioxidants, protein and fibre



**ROSE REISMAN**  
For more, visit  
rosereisman.com or  
follow her on twitter  
@rosereisman

Here's a vegetarian delight using one of the most nutritious greens: arugula.

This veggie is full of antioxidants that are known to fight free radicals to reduce

## Nutritional information

Per serving: 248 calories; 38.3 g carbohydrates; 6.6 g fibre; 8.4 g protein; 11.7 g total fat; 3.6 g saturated fat; 19.3 mg cholesterol; 172 mg sodium

the risk of cancer.

The protein and fibre in this salad come from the lentils, which are known to lower cholesterol, prevent heart disease and stabilize blood sugars to prevent Type 2 diabetes.

Sweet potatoes are more nutritious than white pota-



**TOTAL TIME**  
ABOUT 20 MINUTES

## Ingredients

- 2 cups peeled, diced sweet potato
- 8 cups arugula or spinach
- 1/2 cup black or green cooked lentils (freshly cooked or canned)
- 1/3 cup dried cranberries
- 1/2 cup sliced red onion
- 1/3 cup crumbled goat cheese

## Maple Dressing

- 1 tsp minced garlic
- 1/2 tsp Dijon mustard
- 1 tbsp cider vinegar
- 2 1/2 tbsp maple syrup
- 3 tbsp olive oil
- 2 tsp lemon juice
- pinch of salt and pepper

This recipe serves six. ROSE REISMAN

atoes, with more fibre and antioxidant. They are also a lower glycemic vegetable than the white potato.

Sweet potatoes' natural sweetness goes well with spicy arugula.

## Directions

1. Preheat the oven to 450 F. Spray a baking sheet with vegetable oil. Bake the sweet potatoes for 10 minutes or just until they are tender. Cool.

2. In serving bowl add arugula, lentils, cranberries, onion, goat cheese and sweet potatoes. Combine all of the ingredients for dressing, pour over salad and mix well.

## FLASH FOOD



From your fridge to your table in 30 minutes or less

## Appetizer. Roasted Asparagus Wrapped with Goat Cheese and Prosciutto

1. Preheat oven to 425 F. Spray a baking sheet with cooking oil.

2. Place prosciutto flat on clean work surface. Divide cheese among prosciutto slices, spreading thinly down centre. Place 4 asparagus spears crosswise on top of each slice of prosciutto.

Wrap prosciutto tightly around asparagus and transfer to prepared baking sheet. Spray the bundles with cooking oil. Bake in centre of oven 10 mins or until the asparagus turns bright green. Garnish with red pepper.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

## Ingredients

- 6 slices prosciutto (about 4 oz)
- 1/2 cup softened goat cheese
- 1 lb trimmed thin asparagus
- 2 tbsp finely diced red bell pepper

## AVALON SEXUAL ASSAULT CENTRE'S ANNUAL GENERAL MEETING

September 25, 2014  
5:30 p.m.

Boys and Girls Club of Dartmouth  
60 Farrell St. (Dartmouth North Location)



This event is free and open to the public.

Come hear about the work of Avalon including an update on the Dartmouth North Project, meet the Avalon staff, board members, and the Sexual Assault Nurse Examiners (SANEs) and enjoy some refreshments!

To RSVP or for more information: 902-422-4240 or info@avaloncentre.ca

## PUBLIC MEETING

FORMER SACKVILLE LANDFILL LEACHATE TREATMENT PLANT  
LOCATION & TIME CHANGE

The public meeting set for Monday, September 22, 2014 at 6PM will NOT be held at the Wallace Lucas Community Centre. It will now be held at the Hammonds Plains Consolidated Elementary School cafeteria.

Members of the public are invited to attend this meeting to learn more about proposed operational changes at the former Sackville Landfill Leachate Treatment Plant.

Monday, September 22nd  
6:30 PM

Hammonds Plains Consolidated Elementary School  
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Hammonds Plains, NS

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# Moose lose two straight for rough start at home

**QMJHL.** Herd shut out by Wildcats 3-0 in home opener, then fall in OT to Sea Dogs



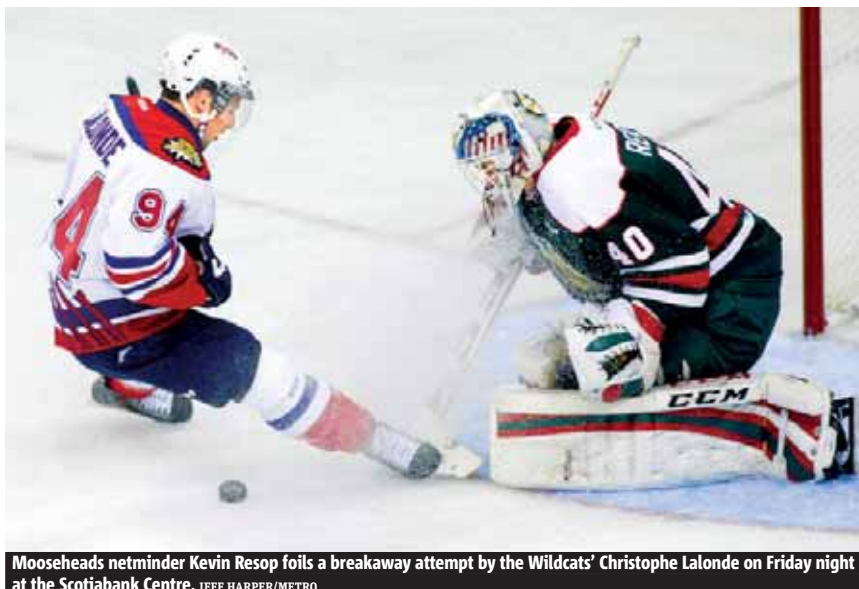
**KRISTEN LIPSCOMBE**  
kristen.lipscombe@metronews.ca

Oops, they did it again.

For the second straight night, the Halifax Mooseheads lost in front of a hometown crowd Saturday, this time holding the lead through much of the game before being edged 6-5 in overtime by the Saint John Sea Dogs.

After a rough 3-0 shutout loss to the Moncton Wildcats in Friday's home opener, the Herd started off looking like a different team, with fewer missed passes and more of the tape-to-tape variety, fewer shots missed and pucks actually finding the back of the net.

But the boys broke down midway through, giving Saint John the chance to steal the spotlight in Halifax's own barn.



Mooseheads netminder Kevin Resop foils a breakaway attempt by the Wildcats' Christophe Lalonde on Friday night at the Scotiabank Centre. JEFF HARPER/METRO

Sea Dogs forward Adam Marsh tied it up at 13:58 in the third and assisted Thomas Chabot's game-winner just over a minute into OT for the win.

"It was a tough loss," for-

ward Connor Moynihan. "I think we won the first period, they won the second, and it was just a battle to the end in the third."

Captain Ryan Falkenham

opened the scoring on a power play less than five minutes into the game. Moynihan added one of his own at 11:44 in the first with help from Halifax's Kelly Bent, who was acquired off

## Attendance

# 7,200

More than 7,200 fans watched the Mooseheads lose their second straight game, third of the season, giving them a 1-2-1 record.

waivers from Saint John.

It was Moynihan's first goal of the season, and first of two on the night.

Forward Timo Meier made it 3-0 before the first was done, with rookies Morgan Nauss and Maxime Fortier making some crisp passes on the power play.

Saint John scored three straight in the second to tie it up. Meier's second goal was the go-ahead at 18:20 in the middle frame to make it 4-3 after 40 minutes. The teams traded goals for a 5-4 Halifax lead late in the third, but Marsh's marker at 13:58 sent it into the extra frame.

"I'm not happy," Meier said, adding the Mooseheads "have to work on our mindset" before they host the Chicoutimi Saguenens on Friday at 7 p.m.

## Huskies down but not out, head coach says

Saint Mary's Huskies football head coach Perry Marchese is the first to admit that Saturday's 39-8 loss to the Mount Allison Mounties wasn't pretty.

In fact, it was pretty ugly.

"We ... had a very bad first half and then couldn't recover," he said Sunday.

With a homecoming crowd cheering its Mounties on at MacAulay Field in Sackville, N.B., the Huskies had dug themselves into an 18-0 hole against last season's AUS champions after the first quarter.

It was 32-2 by halftime.

Mounties defensive lineman Christian Plante, of Dartmouth, scored his second major of the game in the third quarter, while Huskies quarterback Ben Rossong of Sackville fed wide receiver Lukas Snyder in the fourth to make it 39-8.

Mounties running back Chris Reid rushed for 179 yards, while Rossong was 11 of 23 for 133 yards with two interceptions.

"We're making young mistakes still," Marchese said.

The Huskies have lost three straight and sit in last

place. Their next challenge is this Saturday against the Concordia Stingers at Huskies Stadium. Kickoff is at 2 p.m.

"We're not throwing in the towel," Marchese said. "We still think we can win this conference."

KRISTEN LIPSCOMBE/METRO

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- 6 Shawn Mendes  
Life of the Party
- 5 Katy Perry  
This is How We Do
- 4 Jessie J, Ariana Grande and Nicki Minaj  
Bang Bang
- 3 Taylor Swift  
Shake It Off
- 2 Charlie XCX  
Boom Clap
- 1 Iggy Azalea ft Rita Ora  
Black Widow

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William Nylander eyes the puck during a scrimmage at the MasterCard Centre in Toronto on Saturday. BERNARD WEIL/TORSTAR NEWS SERVICE

# Nylander, Tallinder out to make an impression

**Maple Leafs.** Swedish players at different stages in careers but both eyeing roster spots

William Nylander's father Michael may have had a 920-game NHL career, but that doesn't mean the Toronto Maple Leafs' first-round pick has any clue what to expect when he steps onto the ice for his first pre-season game.

"I have never played at the NHL level, so I have no idea," the 18-year-old Nylander said. "We'll see what happens."

Fellow Swede Henrik Tallinder is 35 and knows all about life in the NHL thanks to more than 10 years' experience. But just like Nylander, Tallinder has to prove something to be on the roster because he's in Leafs camp on a professional tryout.

With the Leafs set to play

## Tallinder likes his chances

Henrik Tallinder has spent the bulk of his career with the Buffalo Sabres, including last season, with three years in New Jersey mixed in.



Henrik Tallinder  
GETTY IMAGES

- He chose Toronto over other tryout options in part because of the opportunity he had to make the team.

- "Otherwise I wouldn't be here," he said. "I'm just going to try to do my best and see how far that's going to take me."

four pre-season games in the next three nights, beginning Monday against the Philadelphia Flyers in London, Ont., Nylander and Tallinder will get plenty of opportunity to show what they can do.

Tallinder was listed among nine defencemen who could get into Monday's pre-season opener. Nylander figures to play Tuesday back at Air Canada Centre against the Flyers so the coaching staff can get

a gauge of how he stacks up against pros and on North American ice.

"Obviously he's got a skill set, and we just want to see him continue to progress," assistant coach Peter Horachek said. "You're just trying some things out. You're looking at it, see how he reacts."

Tallinder figures to have the best chance of any player in camp on a tryout of making the Leafs. With a newfound ap-

preciation for balance on the blue-line between three left-handed and three right-handed defencemen, Toronto could use an extra body behind captain Dion Phaneuf, Jake Gardiner and Morgan Rielly.

Coach Randy Carlyle said Tallinder has "lots of moxie" and could envision him playing some tough minutes alongside Roman Polak.

"I feel that veteran presence can have that calming effect," Carlyle said. "We feel that in our research with Tallinder, there is a possibility that he could make our hockey club and play against some top lines."

In one rookie-camp game and the scrimmages, Nylander has shown some flashy passing. But he's not trying to do anything special in camp to make the team. "I think just play the way I've been playing the past year," he said. "That's why they drafted me. They know what kind of player I am."

THE CANADIAN PRESS

## Super Bowl rematch. Seahawks pushed to OT this time, still emerge victorious

Once Peyton Manning had completed a frantic fourth-quarter rally to force overtime, Russell Wilson could admit to being a little selfish.

Wilson wanted the spotlight himself — to put together one final drive, keeping Manning sitting on the sideline as a spectator and making sure the Super Bowl rematch went in favour of the champions.

"I can't wait for those moments, those big-time moments and have guys to continue to believe in what we do," Wilson said. "That was a great experience tonight."

Wilson kept Manning and the Denver Broncos from seeing the ball in overtime. He led Seattle on an 80-yard drive on the first possession of the extra session, capped by Marshawn Lynch's six-yard touchdown run for a 26-20 victory over the Broncos on Sunday.

The Super Bowl rematch lived up to the billing of what everyone expected in February and never transpired. The 43-8 blowout by Seattle (2-1) was replaced this time by Denver (2-1) rallying from a 17-3 fourth-quarter deficit to force overtime by going 80 yards against the best defence in the NFL in the final minute of regulation. And then Wilson upstaged



Seahawks running back Marshawn Lynch dives over the Broncos' Aqib Talib and into the end zone for the game-winning touchdown in overtime on Sunday in Seattle. Scan the image with the Metro News app for more NFL results from Sunday. JEFF GROSS/GETTY IMAGES

Manning. After nearly getting sacked for a safety and throwing an interception in the fourth quarter, Wilson was brilliant in overtime rushing for 21 yards and completing four of six passes.

Lynch went the final six yards for the win.

"I don't think anyone ever doubts Russell. He's just too good," Seattle tight end Zach Miller said. "If you think he's struggling at all, you know he's

going to make plays like he did with his feet. He was so huge there in that second half and overtime. You always trust in him."

After being hesitant to run in regulation, Wilson scrambled for first downs in overtime. His seven-yard pass to Percy Harvin was the precursor to Lynch's TD run and a collective exhale after Manning's dramatics in the fourth quarter.

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# Royals set to end long playoff hiatus

**Post-season push.** K.C. has wild-card spot but not ready to concede AL Central to Detroit



The Royals' Norichika Aoki celebrates after hitting a two-run triple on Sunday. THE ASSOCIATED PRESS

Each win moves the Royals one step closer to the end of their long playoff drought, and Sunday was a big one.

Nori Aoki hit a two-run triple, and Kansas City beat the Detroit Tigers 5-2 to avoid a sweep in the weekend series between the AL Central's top teams.

"Today's game shows that we're not going away," Royals manager Ned Yost said. "They have that feeling. They had that feeling this morning that they knew this was going to be a big game. They had a lot of confidence in themselves when they hit the field."

Kansas City pulled within 1-1/2 games of Detroit for the top spot in the division. The Royals, looking for their first playoff appearance since they won the World Series in 1985, also stayed in position for a wild card.

The Tigers finish the sea-

son at home with seven games against Chicago and Minnesota.

"Hopefully we'll come home and it'll get loud," Tigers outfielder Torii Hunter said. "It's going to be fun. It shouldn't be hard to get pumped up."

THE ASSOCIATED PRESS



## Jeter a winner in final meeting with Jays

Blue Jays shortstop Jose Reyes and second baseman Ryan Goins talk with Yankees shortstop Derek Jeter on Sunday. In Jeter's final game against the Blue Jays, the Yankees won 5-2. Jeter is scheduled to play his final game at Yankee Stadium before retirement on Thursday night against the Orioles. SETH WENIG/THE ASSOCIATED PRESS

### Beyond the rivalry

#### Balotelli targeted by racists again

Liverpool police say they are investigating racist messages sent to Mario Balotelli on Twitter in reaction to the Liverpool striker's posts about Manchester United's 5-3 loss to Leicester in the Premier League.

Balotelli tweeted "Man Utd...LOL" as United — a fierce rival of Liverpool — let slip a 3-1 lead during the match on Sunday. It triggered a string of racist comments. THE ASSOCIATED PRESS

### Fatal car crash

#### Bironas dies just minutes from home

Rob Bironas, who worked his way through odd jobs and the AFL before becoming one of the NFL's most accurate kickers, has died in a car crash. He was 36.

The former Tennessee Titans player died Saturday night when he lost control on a curve in his 2009 GMC Yukon Denali and crashed after 11 p.m. less than a mile from his home, Metro Nashville Police said.

THE ASSOCIATED PRESS

### Leaving Li



"When I was making this decision I asked myself, 'If I retire, will I regret it?' My heart told me I wouldn't, because I've done my best."

Li Na at her retirement news conference on Sunday in Beijing. It didn't take long for the two-time Grand Slam champion to shed tears as she explained her decision to retire in the wake of a fourth knee operation.

visit [metronews.ca](http://metronews.ca)

## AUGMENTED REALITY

**Stuck on 12 Across?**  
**Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.**

→ See the full instructions on Metro's Voices page.



### Horoscopes by Sally Brompton

#### ♈ Aries

**March 21 - April 20**

If you believe from start that something will go wrong, you increase the chances of failure ten-fold. Whatever you are involved with this week, keep telling yourself that you know it is going to succeed.

#### ♉ Taurus

**April 21 - May 21**

Be careful you don't offend people by making a joke about things they take very seriously. The world would be a better place if everyone could laugh at misfortune but it won't happen.

#### ♊ Gemini

**May 22 - June 21**

Don't worry about money or problems because the Sun's change of signs tomorrow means you will soon have more enjoyable issues to focus on.

#### ♋ Cancer

**June 22 - July 23**

You are torn between doing something you enjoy but which won't bring financial success, and doing something you don't enjoy that could be profitable. Be true to your instincts.

#### ♌ Leo

**July 24 - Aug. 23**

You may fear losing something you are attached to but if it's got to go it's got to go and there is nothing you can do about it.

#### ♍ Virgo

**Aug. 24 - Sept. 23**

Before starting anything new over the next few days remember your head will have to live with the consequences of what your heart decides.

#### ♎ Libra

**Sept. 24 - Oct. 23**

Is it in your interests to follow a certain course of action? Your mind may be confused today but tomorrow, when the Sun moves into your birth sign, all will be clear, so leave it for now.

#### ♏ Scorpio

**Oct. 24 - Nov. 22**

It doesn't matter how much you own or how much you earn. If you are happy with your lot, you don't need a lot. Bear that in mind over the next few days.

#### ♐ Sagittarius

**Nov. 23 - Dec. 21**

A window of opportunity is about to close and if you don't take advantage of it right now it may be shut forever. There will be other opportunities but why waste this one when it seems tailor-made for you?

#### ♑ Capricorn

**Dec. 22 - Jan. 20**

What happens over the next few days will have a big impact on your career. For that reason alone you must do the best work you possibly can.

#### ♒ Aquarius

**Jan. 21 - Feb. 19**

A difficult time of year is drawing to a close and when the Sun moves in your favour tomorrow it will feel as if a load has been lifted from your back.

#### ♓ Pisces

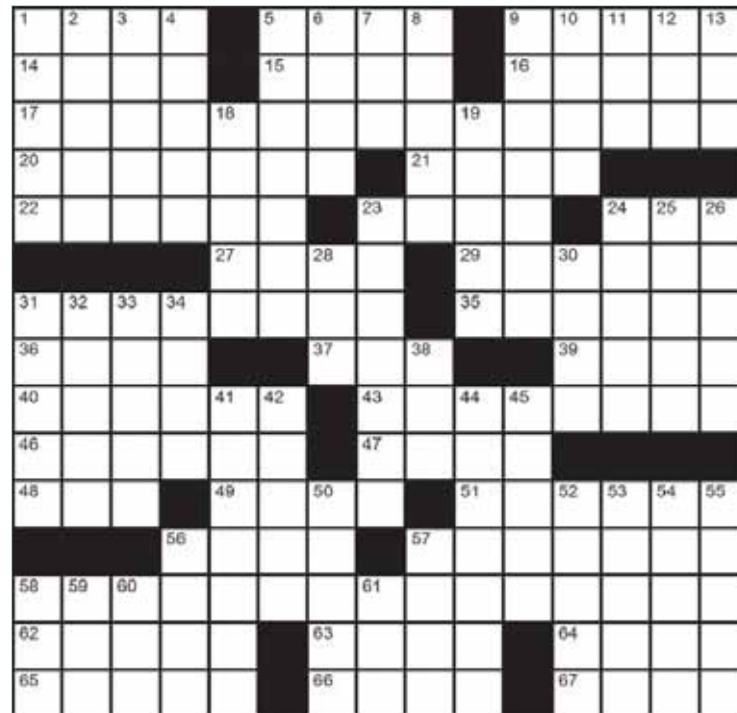
**Feb. 20 - March 20**

An issue you had forgotten about will return to annoy you today and this time you have got to deal with it effectively. Show people you can be firm.

### Crossword: Canada Across and Down by Kelly Ann Buchanan

#### Across

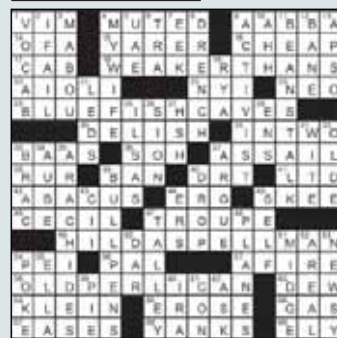
1. Inactivity
5. Spring
9. Copper, for one
14. Wing-like
15. "\_\_\_ la Douce" (1963)
16. Not late/Not on time either
17. At Ease! It's not compulsory in Canada: 2 wds.
20. \_\_\_ Music Prize, Canadian album honour
21. Yes
22. Writing implement
23. Prefix to 'scope'
24. Initials-sharers of Eddie Cibrian's ex-wife
27. Mozart opera, \_\_\_ Fan Tutte
29. Canada's capital
31. \_\_\_ sweater
35. Remained
36. Scent, variantly
37. "Gangnam Style" guy
39. Bobby Brown song
40. Rocker's amp effect
43. Edmonton... Art Gallery of Alberta's current exhibition, \_\_\_-Lautrec and La Vie Moderne: Paris 1880-1910
46. "Buffy the Vampire \_\_\_"
47. English river
48. Iowa's capital, \_\_\_



#### Down

2. George \_\_\_, Silas Marner author
3. Oscar-winner Ms. Field
4. Lawyer's time to shine
5. Corporate go-between
6. Goes astray
7. Ms. Grant of music
8. Not in
9. British Columbia city
10. Roof's overhang
11. Three
12. Vodka, e.g.
13. Caustic solution
18. Load transporter
19. Across-the-Pond moneys
23. Road trip break: 2 wds.
24. CCR's "Born on the \_\_\_"
25. Ms. Stefani's
26. "Sexy \_\_\_" by The Beatles
28. Lightly take a drink
30. Edible root
31. Appetizer, \_\_\_ 'oeuvre
32. "Set Fire to the Rain" singer
33. Some stars
34. Squirrel's nest
38. Not me
41. Akin
42. Canadian channel
44. Payment for a service or facility: 2 wds.
45. 'The fire', in French: 2 wds.
50. Length unit
52. Lethal
53. Music piece
54. Casual pants, e.g.
55. Lock of hair
56. Canadian singer Ms. Sweetnam
57. Hibernia human
58. Dearest pal, texting-style
59. Homer's dad on "The Simpsons"
60. This, in Montreal
61. Very 'in' right now

### Friday's Crossword



#### Online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers)



### Sudoku

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Friday's Sudoku



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